A welcoming family of Christian faith for all people.

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Be joyful in hope, patient in affliction, faithful in prayer.

Romans 12:2
How To Pray: The Best of John Wesley on Prayer

“I continue to dream and pray about a revival of holiness in our day that moves forth in mission and creates authentic community in which each person can be unleashed through the empowerment of the Spirit to fulfill God's creational intentions.”

“One who always prays is ever giving praise, whether in ease or pain, both for prosperity and for the greatest adversity. He blesses God for all things, looks on them as coming from Him, and receives them for His sake not choosing nor refusing, liking or disliking, anything, but only as it is agreeable or disagreeable to His perfect will.”

“In using all means, seek God alone. In and through every outward thing, look only to the power of His Spirit, and the merits of His Son. Beware you do not get stuck in the work itself; if you do, it is all lost labor. Nothing short of God can satisfy your soul.

There are several apps that can assist you in developing a daily habit of prayer. One of my favorites is called “PrayerMate” which you can customize with your own prayer lists.

Another excellent resource guide to assist you in praying globally can be accessed at www.operationworld.org. They also have books if you aren’t too computer friendly.

Answers to Hymn Quiz
1. #496—“Sweet Hour of Prayer”
2. #395—“Take Time to be Holy”
3. #419—“I Am Thine O Lord”
4. #397—“I Need Thee Every Hour”
5. #437—“This is My Song”
6. #314—“In the Garden”
7. #526—“What a Friend We Have in Jesus”
8. #77—“How Great Thou Art”
Intercession: How to Make a Prayer List
By Elizabeth Johnson

First, decide where you want to keep your list — on paper, on your phone, or on a computer file.

Second, start making a list of people you want to pray for.

Third, categorize those people/requests. For instance,

- **Mon:** family (parents, grandparents, siblings and their families)
- **Tues:** friends (close friends, online friendships, other friends who have asked for prayer)
- **Wed:** church family (pastor and his wife, Sunday school/age groups, current requests)
- **Thu:** salvation (loved ones, children of siblings/friends, witnessing opportunities)
- **Fri:** missions (missionaries, church ministries, chaplains, etc)
- **Sat:** government (salvation, wisdom, elections, etc – both state and federal)
- **Sun:** miscellaneous requests (ie, everything else!)

Finally, consider the best time for you to pray.

*The point is to establish a routine.*
And discipline yourself to practice intercession.

(Web source: dogfuranddandelions.com/2013/02/intercession-how-to-make-a-prayer-list)

Tips for Strengthening Your Prayer Life

Write down what you ask of God. Mark the date when you asked. Then, be sure to record when and how the Lord answered your prayer. Be sure to thank Him!

Pray in order using the “Acts” acronym -

- **“A”** - Adoration of God
- **“C”** - Confess
- **“T”** - Thanksgiving
- **“S”** - Supplication

Before you pray, listen to some Christian music. Sing a favorite hymn. Remember that praying isn’t just about asking. Praying is also about loving Jesus.

Pause as you are praying and listen. How is God directing your thoughts? What is the Lord trying to tell you?
5 Bible Verses to Pray When You Go to Bed Worried

1. God will give you strength. Psalm 4:13
2. God is a safe place of refuge. Psalm 46:1-3
3. God can be trusted with your worries. Philippians 4:6, 7
4. Nothing can separate you from God’s love. Romans 8:38, 39
5. God is with you. Isaiah 41:10

(Source: blog by Jennica Stevens, Americanbible.org)

Name these Hymns?

The following lines are found in hymns that we sing in our Reseda Church. The lyrics describe themes relating to prayer. Can you identify the hymns?

1. “I cast on him my every care”
2. “Speak oft with thy Lord”
3. “O the pure delight of a single hour that before thy throne I spend”
4. “O bless me now, my Savior, I come to Thee”
5. “O hear my prayer, thou God of all the nations”
6. “He walks with me, and he talks with me”
7. “What a privilege to carry everything to God in prayer!”
8. “When I in awesome wonder consider ...”